

Lauren Shanard DDS, AAACD condensed bio

Dr. Lauren Shanard graduated from the University of Iowa College of Dentistry in 1988, followed by an intensive Advanced General Dentistry Residency. She moved to the Burlington Vermont area and joined a multi-specialty group practice for seven years. She opened Contemporary Dental Arts in 1995. Her practice is devoted to cosmetic reconstructive, and implant dentistry. Dr. Shanard completes many continuing education hours each year; focusing on advanced cosmetic dentistry concepts, full-mouth rehabilitation, periodontal surgery, and implant dentistry. Dr. Shanard is a 2012 Accredited member of the American Academy of Cosmetic Dentistry, and has been a general member since 2004. Dr. Shanard actively serves the American Academy of Cosmetic Dentistry as an Accreditation Examiner, since 2012. She has served two consecutive three-year terms on the American Board of Cosmetic Dentistry, and served as Chairman from 2018-2020. She is a past President of the New England Academy of Cosmetic Dentistry. She is a member of the Academy of General Dentistry, the American Academy of Implant Dentistry, the American Dental Association, and the Vermont State Dental Society.

Dr. Shanard lives and practices Dentistry in the Burlington Vermont area. She has a beautiful 23 year old son Jacob, and Enzo, a golden doodle, who her constant companion. She is an expert alpine skier and spends her free time in the snowy woods and mountains of Vermont. She also enjoys summer boating and water skiing with friends and family, on beautiful Lake George in the Adirondack Mountains of New York. Dr. Shanard is an occasionally inspired chef, an avid exercise enthusiast, and enjoys listening to jazz with a great glass of wine.